

ABOUT

THE PHYSICAL EDUCATION DEPARTMENT

The Department of Physical Education was established in the year 2015. The Department consists of adequate facilities of play field & courts equipment and play ground of acres around the college building. The department is providing games like Volleyball, Kabaddi, Kho-Kho, Tennis, Handball, Badminton, Cricket, Athletics and Shuttle, Badminton and also indoor games like Caroms, Chess and others.

Nelson Mandela, the Nobel laureate for peace and former president of South Africa, said in one of his speeches, "Sport has the power to change the world. It has the power to inspire. It has the power to unite people in a way that little else does. It speaks to youth in a language they understand. Sport can create hope where once there was only despair..." But to inspire the next generation, we need the right professionals to lead and coach them in sports.